

There's Got to Be More Than This!

We desire more than the world can give.

Tom Brady gave a famous interview in 2005.

After winning his third Superbowl, the famous quarterback shared something surprising about his life. On 60 Minutes, he wondered aloud, "Why do I have three Superbowl rings, and still think there's something greater out there for me? I mean, maybe a lot of people would say, 'Hey man, you've reached your dream, your goal.' Me, I think, there's got to be more than this."

Isn't Tom's experience like our own?

Like Tom, we can have everything that we imagine would make us happy, and yet we can feel, "Is this all there is?" There is a restlessness, a yearning, which still remains unsatisfied. Whatever worldly goals we accomplish, whatever possessions we acquire, there is still something missing. As one author has pointed out, we can never get enough of what we don't really need.

There is joy in finding the desire of our hearts.

Imagine how frustrating it would be if, desperate for a drink of water, every faucet we tried would only dribble a few drops of water into our glass. And imagine how overjoyed we would be to discover a waterfall, cold and pure, in which our glass could be filled to overflowing! This is the joy we experience as Christians as we stop trying to find fulfillment in the world alone, and instead begin to encounter God in a personal way.

Our hearts are restless until they rest in God.

We were created by God out of love, and our hearts were created to receive his infinite love. This is why even the love of a spouse cannot completely fill our hearts, because it is still a finite love. But as we begin to encounter God, we encounter the one our hearts were longing for all along. As one early Christian famously observed, our hearts are restless until they rest in God.

Why not try a different way?

Within yourself, do you recognize some of the same questions asked by Tom Brady? Many times, we drown out our uneasiness with constant noise and distraction. In quiet reflection, though, we can recognize the pattern of trying one broken faucet after another. Why not give God a chance to show that he is the one you have been searching for?

Reasons for Joy
Message 2 of 8

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Next Week
2nd Reason for Joy